

# The Growth Mindset

## ~ How to make students learn more effectively ~

25<sup>th</sup> May 2017

Learning is a lifelong process. As educators, we focus on developing positive learning habits that will enable our students to enjoy academic success and achieve their highest potential. But how can we actually do this considering that student learning needs and styles are so different? And what keeps some students motivated and engaged despite difficulties encountered throughout the learning process whereas others take a step back in their educational journey? The answer lies in our beliefs about intelligence and failure, namely our mindset. The solution is to foster a growth mindset in our classrooms which will equip our students with the skills they need to succeed. This will prove beneficial to teachers as well since a growth mindset improves the teaching practice and rewards all the passion and hard work demonstrated by teachers every day.

### Programme

#### 9:30 – 10:15 Insights into Growth Mindset

Teachers will be introduced to the growth mindset concept in terms of history, definition and characteristics. Participants will also have a chance to identify their own mindset. We will explore together the advantages of creating a growth mindset environment. Moreover, teachers will discover a wide variety of growth mindset activities and strategies that can be effectively and immediately applied in any classroom in order to increase student engagement and support long-term learning.

#### 10:15 – 10:45: Tea Break

#### 10:45 – 11: 30 Teaching for Mastery

Teachers will learn how to apply the previously mentioned concepts about the growth mindset. We will learn how to switch the focus from test results to the process of studying in order to teach students how to take agency over their learning and master the material. Finally, we will focus on how teachers could use the growth mindset to reflect on their way of teaching and improve it.

**Registration page:** <https://goo.gl/WgmOKI>

**Location:** Carturesti Verona, 13-15 Pictor Arthur Verona Street, Bucharest.

### *Meet the teacher trainers:*



**Oana Vetrici** is an English language expert with extensive professional experience, passionate about children, education, and lifelong learning. She has gained experience preparing her students for YLE, KET and PET exams and various other competitions. As an educator, Oana is focused on systematically fostering growth in a thoughtful, creative, and stimulating environment, which leads to aware, well-adjusted and expressive children. She is also the mother of two amazing boys.



**Andrei Scurtu** is a teacher of English at Shakespeare School. He prepares groups of young learners and teenagers for Cambridge exams and develops customized materials and lesson plans. He is a teacher trainer in Asociația Shakespeare School pentru Educație and has hosted in-house training sessions. He is TKT certified and also very passionate about his continuous professional development.